

# Abbeydale CARE

Our care home dining menus are constantly adapted and are fully flexible and tailored to our resident's needs and preferences. However, we've provided a sample menu (right) so you can see the excellent quality of food our residents enjoy.

## CQC'S FEEDBACK ABOUT ABBEYDALE CARE HOME'S DINING EXPERIENCE

In CQC's 2018 inspection in which Abbeydale achieved an outstanding care home rating, they complimented our care home's dining experience. Here are some of the extracts from their report:

- *"meals were a real occasion and were personalised to meet people's preferences"*
- *"people were provided with well-presented, tasty food which they enjoyed in a relaxed, fun atmosphere"*
- *"people sat with those they got on with to promote conversation and to ensure they felt comfortable"*
- *"people spoke about the food being restaurant standard"*

If you'd like to read the full report, you can visit our website and view CQC's report of Abbeydale care home, Ilkley, West Yorkshire.



## A SAMPLE OF ABBEYDALE CARE HOME DINING MENU

	Starter	Lunch	Dinner
Monday	Cream of Fennel Soup - Smoked Chicken & Orange Salad	Fillet of Plaice, New Potatoes, Buttered Carrots, Sweetcorn, Broccoli, Roasted Fennel  Sticky Toffee Pudding & Ice Cream	Creamed Mushroom Vol-au-Vent - Crème Brûlée
Tuesday	Cream of Leek Soup - Seafood Salad	Coq au Vin, Dauphinoise Potatoes, Honey Roast Parsnips, Buttered Carrots, Garden Peas - Eve's Pudding	Deep Fried Scampi with Tartare Sauce - Orange & Lemon Pancakes
Wednesday	Cream of Tomato Soup - Egg Mayonnaise & Cress	Cottage Pie, Yorkshire Pudding, Cauliflower Cheese & Green Cabbage - Banana Fritter	Crumpet with Ham, Cheese & Pineapple - Fresh Fruit Salad
Thursday	Cream of Cauliflower Soup - Smoked Trout Salad	Roast Fillet of Pork, Sausage Stuffing, New Potatoes, Butternut Squash, Creamed Leeks & Sprouts - Lemon Sponge & Custard	Quiche Lorraine - Profiteroles
Friday	Asparagus Soup - Asparagus & Prosciutto with Parmesan	Fish & Chips, Mushy or Garden Peas - Bakewell Tart	Lasagne Verde - Blueberry Muffin
Saturday	Carrot & Coriander Soup - Tomato Bruschetta	Chicken & Leek Pie, Creamed Potatoes, Savoy Cabbage, Buttered Carrots, French Beans - Bread & Butter Pudding	Salmon Croquettes with Parsley Sauce - Lemon Posset
Sunday	Vegetable Soup - Blinis with Creme Fraiche and Smoked Salmon	Roast Leg of Lamb, Mint Sauce, Yorkshire Pudding, Roast Potatoes, Cauliflower Cheese, Buttered Carrots, Garden Peas - Apple Pie & Custard	Abbeydale Cream Tea Assorted Sandwiches - Buttered Scone, Clotted Cream, & Sponge Cake



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